

Risen Savior's Summer Read 2022

The Gift of Years: Growing Older Gracefully by Joan Chittister

Reading and Discussion Schedule

Please come to each session having already read the chapters listed for that date in preparation. Each week's reading is about 30-35 pages.

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| August 3: | Introduction Regret Meaning Fear Ageism Joy Authority | August 31: | Memories Future Agelessness Immediacy Nostalgia Spirituality Loneliness |
| August 10: | Transformation Newness Accomplishment Possibility Adjustment Fulfillment Mystery | September 7: | Forgiveness Outreach The Present Appreciation Faith Legacy Afterword |
| August 17: | Relationships Tale-Telling Letting Go Learning Religion Freedom Success | | |
| August 24: | Time Wisdom Sadness Dreams Limitations Solitude Productivity | | |